



# CONTENTS

<b>Chapter 1.</b> What's "Old" Got to Do with It?	<b>1</b>
<b>Chapter 2.</b> Don't Fall!	<b>17</b>
<b>Chapter 3.</b> Too Hot and Too Cold	<b>48</b>
<b>Chapter 4.</b> Poisoning	<b>73</b>
<b>Chapter 5.</b> Preventing Asphyxia	<b>91</b>
<b>Chapter 6.</b> When Driving Is Dangerous	<b>98</b>
<b>Chapter 7.</b> The Backyard and the Workshop	<b>112</b>
<b>Chapter 8.</b> All around the House	<b>124</b>
<b>Chapter 9.</b> Seeing the Doctor	<b>147</b>
Appendix A. Injury Statistics for People 65 and Older	<b>166</b>
Appendix B. Agencies and Organizations that Can Help	<b>172</b>
References	<b>185</b>
Index	<b>197</b>