New

The New Chesapeake Kitchen
John Shields
photographs by David W. Harp
The latest cookbook by the “Culinary Ambassador of the Chesapeake” encourages us to cook in a way that is not only healthy for us but also for the Bay.

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Renee Brooks Catacalos
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Chesapeake Cuisine

Baltimore Shot Tower
Gin Cucumber Cooler

6 mint leaves
¼ of a lime, sliced
2 teaspoons sugar, more or less to taste (optional)
1½ ounces Baltimore Shot Tower gin
5 thin cucumber slices
4 ounces tonic water
Sprig of mint for garnish

In a cocktail shaker, place the mint leaves, lime, and sugar and muddle together. Add the gin and cucumber slices. Put the top on the cocktail shaker and shake vigorously.

Pour over a glass filled with ice, and top with tonic water. Garnish with a sprig of mint.

Chesapeake Bay Cooking with John Shields
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